

## Introduction Backcountry Ski and Splitboard Course Equipment List

A full range of conditions and temperatures can be expected in the NZ mountains in winter and participants need to be suitably prepared and must be equipped for backcountry travel with suitable clothing, eyewear and ski or splitboard touring equipment. Your guide will do a comprehensive check of your gear at the start of the course to ensure it is in good working order and fit for purpose and there will be the opportunity to purchase or hire gear that is not deemed suitable.

If there is anything you don't have or have any questions, please get in contact with us.

Body	Accessories
<ul><li>Base layer top and bottoms (merino or polyprop, no cotton)</li></ul>	Day backpack, around 20-30 liter capacity, ideal with an avalanche tools pocket.
☐ Mid-layer top (fleece, windproof or lightweight	☐ Water bottles (1.5 to 2 liters capacity)
synthetic)	$\square$ Head torch and spare batteries
<ul><li>Insulating jacket (synthetic fill preferred or hydrophobic down)</li></ul>	Personal toiletries (blister kit & personal medication)
☐ Waterproof jacket	☐ Small container of sunblock & lippy
$\square$ Softshell ski trousers or waterproof overpants	and container of samplook a lippy
	Ski touring and safety
Feet  Ski touring or snowboard boots	Ski or splitboard touring equipment including skins*
Socks	Shovel, transceiver (with fresh batteries) and probe**
Head / Face / Hands	OPTIONAL – Personal preference items
☐ Sunhat or cap	☐ Notepad and pencil
	☐ Snow saw
☐ Warm hat & neck gaiter (eg Buff®)	☐ Inclinometer, compass and altimeter
Sunglasses	☐ Topomap
Googles	
☐ Helmets are recommended for backcountry travel	*Splitboard crampons are required for splitboarders and ski crampons are highly recommended for skiiers
☐ Lightweight gloves	
☐ Warm gloves	**We recommend shovels with a telescopic handle and probes around 240cm length. Can be provided on request