



Te Hāpaitanga Residential 2024 Equipment List

A full range of conditions and temperatures can be expected in the New Zealand mountains and participants need to be suitably prepared. Your guides will do a comprehensive check of your gear at the start of the trip to ensure it is in good working order and fit for purpose and there will be the opportunity to borrow gear that is not deemed suitable.

Mueller Hut is equipped with mattresses and cooking stoves. If there is anything you don't have or have any questions, please get [in contact](#) with us.

Body

- Underwear
- Thermal top and bottoms (merino or polypro, no cotton)
- Mid-layer top (fleece or windproof)
- Insulating jacket (synthetic or downfill)
- Waterproof jacket
- Waterproof overtrousers
- Trekking trousers and/or shorts

Head / Face / Hands

- Sunhat or cap
- Warm hat & neck gaiter (eg Buff®)
- Sunglasses
- Lightweight gloves
- Warmer gloves

Accessories

- Backpack, around 45-50+ litre capacity*
- Backpack liner (plastic bag to keep contents dry)
- Water bottles (1.5 to 2 litres capacity)
- Small container of sunblock & lippy

*available to borrow

Feet

- Stiff Waterproof Tramping Boots (Boots must be crampon compatible, for example La Sportiva Trango)*
- Snow gaiters*
- Socks (if hiring boots, bring thick and thin options and spares to finetune fit and comfort)

Technical gear (provided)

- Ice axe
- Boot crampons
- Climbing helmet
- Harness
- Avalanche safety gear

Overnight

- 2+ season sleeping bag and liner*
- Head torch and spare batteries
- Personal toiletries (blister kit & personal medication)
- A towel and a spare change of clothes for Unwin Lodge
- Plastic bowl, cup and cutlery

Recommended

- Trekking poles*
- Approach shoes or lightweight tramping boots (for up to the snow)
- Inflatable pillow

