



Plateau Hut Experience Equipment List

A full range of conditions and temperatures can be expected in the New Zealand mountains and participants need to be suitably prepared with suitable clothing and equipment. Your guide will do a comprehensive check of your gear at the start of the trip to ensure it is in good working order and fit for purpose and there will be the opportunity to purchase or hire gear that is not deemed suitable.

If there is anything you don't have or have any questions, please get [in contact](#) with us.

Body

- Thermal tops and leggings
- Mid-layer top (fleece, windproof or synthetic)
- Insulating jacket (synthetic or down-fill)
- Waterproof jacket and trousers
- Softshell trousers or fleece leggings

Head / Face / Hands

- Sunhat or cap
- Warm hat & neck gaiter (eg Buff®)
- Sunglasses
- Warm gloves
- Lightweight gloves

Accessories

- Day pack, around 30-40 litre capacity
- Holdall for overnight gear
- Water bottles (1-2 litres capacity)
- Small container of sunblock & lippy

Feet

- Socks

Technical gear (can be provided)

- Mountain boots - must be compatible with crampons
- Gaiters
- Helmet
- Harness
- 120cm sling, prusiks 4+ carabiners
- Ice axe
- Crampons
- Trekking poles
- Transceiver, shovel, and probe (if required)
- Snowshoes (if required)

Overnight

- 2-3 season sleeping bag and liner
- Head torch and spare batteries
- Personal toiletries (blister kit & personal medication)

Recommended

- Hut shoes
- Casual clothes and towel (for after the trip)



What to Expect

The high mountain huts of the Aoraki/Mount Cook region are accessed by helicopter. They are remote, and basic huts. There is no reliable phone reception but they may have charging capabilities for small electronic devices. The huts are equipped with alpine bunks, mattresses, crockery and cookware.

All technical equipment and food is provided and will need to be carried from the helicopter landing to the hut. Overnight gear can be carried separately to day packs in soft holdalls or duffle bags.

Meeting Point

Unless otherwise agreed, trips start at the Wānaka Mountain Guides (WMG) Base in Wānaka at 8:30 on the first day of the trip where there is off-street car parking and luggage storage available. It is also possible to arrange to be picked up from accommodation in town or meet in Mount Cook Village.

If you need accommodation in Wānaka the night before or after the trip, shared and private rooms are available for our clients in our Kea Lodge which is adjacent to the WMG Base.

Weather Contingency

Flights in and out from Plateau Hut are very dependent on the weather. If this means that you cannot spend the entire duration of the trip at Plateau Hut, you retain the services of your guide for alternative guided activities in the Mount Cook or Wānaka areas. Accommodation will be arranged in Mount Cook or Wānaka in the NZAC Unwin Lodge or Kea Lodge and unused flight expenses will be refunded.

Insurance

WMG fees do not include insurance for your personal circumstances (including but not limited to travel, injury, medical, and equipment).

We strongly recommend you obtain:

- Travel insurance to cover you in the event of a trip cancellation by either you or us, for trip changes, or for medical emergencies to cover you for your own personal health needs;
- Personal and third-party insurance for the cover of damage or loss of equipment and property.

We do not accept liability, responsibility, or any expenses for insurance-related costs incurred by participants in preparation for or participation in our trips and courses.

