



# Single Cone Ascent Equipment List

A full range of conditions and temperatures can be expected in the NZ mountains and participants need to be suitably prepared. All participants must be equipped with suitable clothing, eyewear and safety equipment. Your guide will do a comprehensive check of your gear at the start of the trip to ensure it is in good working order and fit for purpose and there will be the opportunity to purchase or hire gear that is not deemed suitable.

If there is anything you don't have or have any questions, please get [in contact](#) with us.

## Body

- Base layer (merino or polyprop, no cotton)
- Mid-layer top (fleece, windproof or lightweight synthetic)
- Insulating jacket (synthetic or hydrophobic down fill)
- Waterproof jacket and trousers
- Softshell climbing or trekking trousers

## Head/Face

- Sunhat or cap
- Warm hat & neck gaiter (eg Buff®)
- Sunglasses

## Hands

- Gloves

## Accessories

- Day Backpack, around 30+ liter capacity
- Water bottles (1.5 to 2 liters capacity)
- Small container of sunblock & lippy
- Headtorch

## Feet

- Mountaineering boots\*
- Gaiters\*
- Hiking socks

## Technical gear and safety (Can be provided)

- Ice axe
- Crampons
- Helmet
- Harness
- Long (120cm) and short (60cm) prusik loops
- 120cm length sling
- Belay device (eg Black Diamond ATC Guide®)
- 4-6 carabiners
- Avalanche transceiver, shovel, and probe (if required)
- Snowshoes and trekking poles (if required)

## Recommended

- Goggles

\*Available for hire for \$20 per day

Finally make sure you have lunch and snacks for the day!

